

### **Romans 3:23 & 1 Peter 1:16**

*all have sinned and fall short of the glory of God,*

*“You shall be holy, for I am holy.”*

We are made up of 3, therefore, we need to keep all 3 pure.

### **Thessalonians 5:23**

*Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.*

### **Genesis 1:26-27**

*Then God said, “Let Us make man in Our image, according to Our likeness; and let them rule over the fish of the sea and over the birds of the sky and over the cattle and over all the earth, and over every creeping thing that creeps on the earth.” God created man in His own image, in the image of God He created him; male and female He created them.*

Because God is trinity and man was created in His image - man was also made in trinity (body, soul and Spirit).

God creates spiritually, and then it manifests.

***The only way we can live a life that is holy, is by the Spirit.***

### **Galatians 5:17**

*For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.*

### **Romans 7:14-25 the struggle is real**

*For we know that the Law is spiritual, but I am of flesh, sold into bondage to sin. For what I am doing, I do not understand; for I am not practicing what I would like to do, but I am doing the very thing I hate. But if I do the very thing I do not want to do, I agree with the Law, confessing that the Law is good. So now, no longer am I the one doing it, but sin which dwells in me. For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good is not. For the good that I want, I do not do, but I practice the very evil that I do not want. But if I am doing the very thing I do not want, I am no longer the one doing it, but sin which dwells in me. I find then the principle that evil is present in me, the one who wants to do good. For I joyfully concur with the law of God in the inner man, but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members. Wretched man that I am! Who will set me free from the body of this death? Thanks be to God through Jesus Christ our Lord! So then, on the one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.*

### **Romans 8:1-8**

*Therefore there is now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh, so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit. For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit. For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, and those who are in the flesh cannot please God.*

## **How to live in the Spirit:**

### **1. Walk according to the Spirit.**

#### ***Romans 8:2-4***

*For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh, so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit.*

The flesh comes naturally.

I cannot walk physically if my body is not in unity.

The same is true in the Spirit - there must be unity/collaboration with the Spirit.

I cannot do what the Spirit wants me to do if I am not in unity with Him.

### **2. Set your mind on the things of the Spirit.**

#### ***Romans 8:5-8***

*For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit. For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, and those who are in the flesh cannot please God.*

#### ***Colossians 3:2***

*Set your mind on the things above, not on the things that are on earth.*

#### ***Philippians 4:8***

Finally, brethren, whatever is true, whatever is honourable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things.

### **3. Put to death the deeds of the body by the Spirit.**

#### ***Romans 8:13***

*for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live.*

Sacrifice the things of the flesh.

It's a continual process.

Watch out, don't let this grace become an excuse for you to continue in sin.

#### ***Romans 6:1-4***

*What shall we say then? Are we to continue in sin so that grace may increase? May it never be! How shall we who died to sin still live in it? Or do you not know that all of us who have been baptized into Christ Jesus have been baptized into His death? Therefore we have been buried with Him through baptism into death, so that as Christ was raised from the dead through the glory of the Father, so we too might walk in newness of life.*

### **4. Be led by the Spirit.**

#### ***Romans 8:14***

*For all who are being led by the Spirit of God, these are sons of God.*

You cannot serve God and mammon, choose one.

Let Him take the lead.

The Spirit cannot lead you if you want to go somewhere else.

5. Romans 8:15-16

To know the fatherhood of God by the Spirit.

We are not what people say we are.

We are who God says we are.

We are His children.

As a man thinks, so he shall be.

John 4:17

We are who the Word says we are, not who people say we are.

6. Romans 8:23-25

Hope in the Spirit.

He's given us His Spirit as a deposit of what is to come.

Do we consider the glory to come, or focus on present suffering?

7. Romans 8:26-27

Praying in the Spirit.

The Spirit takes our moanings and groanings and intercedes at the Father

Corinthians 14, it edifies your Spirit

Galatians 5:1-slavery